



香港中文大學  
The Chinese University of Hong Kong



香港中文大學醫學院  
Faculty of Medicine  
The Chinese University of Hong Kong



香港中文大學  
賽馬會公共衛生及基層醫療學院  
JC School of Public Health and Primary Care  
The Chinese University of Hong Kong



# Bachelor of Science in Public Health

公共衛生理學士課程

The FIRST undergraduate public health programme in Hong Kong For students from ALL disciplines  
香港首個公共衛生本科課程 適合各學科同學報讀



# Message from the 院長及課程主任的話 School Director and Programme Directors

We are the first School in Hong Kong where public health practitioners and researchers work alongside with family medicine doctors and primary care researchers to identify, examine and solve population health problems. We hope you will join us in this exciting journey to work towards protecting and improving health for all.

賽馬會公共衛生及基層醫療學院為本港首間結合公共衛生及基層醫療專業，共同審視、監察和解決公眾健康問題的學院。我們期待您的加入，一起攜手合作，為人類的健康作出貢獻。

**School Director**  
院長



**Prof. Samuel  
Yeung-shan WONG**  
黃仰山教授

**Programme Director**  
課程主任



**Prof. Eliza  
Lai-yi WONG**  
黃麗儀教授

**Deputy Programme Director**  
課程副主任



**Dr. Tony  
Ka-chun YUNG**  
翁家俊博士



# Public Health is... 公共衛生是：

Public Health is about your health, and the health of the world at large, which is the crucial key to how our society achieves well-being of our population. There are contemporary issues in public health including obesity, environmental pollution, control of chronic diseases, and injury prevention require urgent attention. The outbreak of COVID-19 also suggests the importance of rapid public health response.

The responsibility of public health professionals is to have a holistic understanding of communities - weaving insight from past experiences with our diverse populations to foresee potential challenges in everyday health. They are tasked with planning and implementation of health services, the control and prevention of diseases, as well as formulating policies for the population's health.

公共衛生關乎你個人、社區、甚或環球健康，是達致和維持全民健康和安寧的關鍵。肥胖、環境污染、慢性病控制和預防傷害是現時需要急切處理的公共衛生議題。同時，新型冠狀病毒的爆發，亦說明了公共衛生應對傳染病的重要性，因為這是人類健康的永恆守護者。

公共衛生專才的責任，是對社會有整體的瞭解，透過分析過往經驗，預視在人類生活中將要面對的健康挑戰。他們亦貢獻於醫療服務管理、傳染病預防與控制、以及訂立醫療政策來提升大眾的健康。

*The science and art of preventing disease, prolonging life and promoting health through the organised efforts of society.*

透過社會各界的力量，以預防疾病、延長壽命和促進健康的一門科學與藝術。

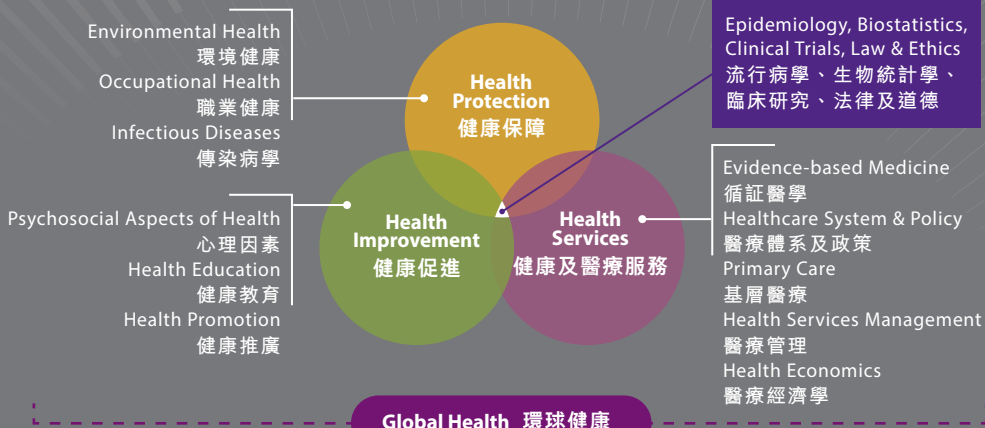
**Sir Donald Acheson**  
United Kingdom | 英國

## Bachelor of Science in Public Health



## 公共衛生 理學士課程

### THREE DOMAINS IN PUBLIC HEALTH 公共衛生三大領域





# Programme Introduction

課程簡介



At the vanguard of public health education, the JC School of Public Health and Primary Care of the Faculty of Medicine has designed the first public health undergraduate programme in Hong Kong, Bachelor of Science in Public Health (BSc in Public Health). This programme is benchmarked against world-class universities in Australia, the United Kingdom and the United States.

醫學院轄下的賽馬會公共衛生及基層醫療學院作為公共衛生教育的先驅，在香港編訂首個公共衛生理學士學位課程，以澳洲、英國和美國的世界級大學課程作基準，讓對公共衛生感興趣的學生在大眾健康範疇上擴闊視野。

## BSc in Public Health Process Model 公共衛生理學士修業模式

YEAR 1  
第一學年



**Faculty Package**  
醫學院學院課程

YEAR 2  
第二學年



**Public Health Tools**  
公共衛生工具

- Public Health Law & Ethics
- Epidemiology
- Biostatistics



**Induction Programme**  
先導計劃

- Visits
- Seminars



**Cornerstone in Public Health**  
公共衛生基礎

Global and Local Public Health Issue

YEAR 3  
第三學年



**Public Health Domains**  
公共衛生領域



**Research Project + Practicum**  
專題研究及專業實踐

YEAR 4  
第四學年



- Non-communicable Disease, Aging
- Environmental & Occupational Health, Infectious Diseases
- Health Policy, Health System & Healthcare Delivery
- Mental Well-Being, Social & Health Behavior, Addiction
- Bioinformatics, Technology & Big Data

GRADUATED  
畢業後



**Public Health Practitioner**  
公共衛生從業員



**Study Activities**  
學習活動



**Field Activity**  
實地考察

Humanitarian Activity,  
Aging Lab



**Study Tour**  
交流團

Health System,  
Environmental Health  
(Korea, Taiwan, China, etc)

# Career Development of Graduates

## 近年畢業生發展路向

Employment in Public Health -  
Public/ Education Institute  
公共衛生相關工作 —  
公共/ 教育機構

31%

38%

Employment  
in Public  
Health -  
NGO/ Private  
公共衛生相  
關工作 —  
非政府組織/  
私人機構

31%

Further study  
進修

### Employer 僱主

### Job position 工作職位

Food and Health Bureau  
醫務衛生局

Executive Officer I  
一級行政主任

Environmental Hygiene Department  
食物環境衛生署

Health inspector  
衛生督察

Hospital Authority  
醫院管理局

Manager (Integrated Clinical Services)  
經理 (綜合臨床服務)  
Manager (Quality & Safety)  
經理 (質素及安全)  
Research Officer  
研究主任

International humanitarian NGOs  
國際人道救援機構

Regional Humanitarian  
Emergency Affairs Specialist  
區域人道主義緊急事務專家

Multinational  
pharmaceutical enterprise  
跨國醫藥企業

Business Analyst  
商業分析師  
Senior medical data analyst  
高級醫學數據分析師  
Senior Product Specialist  
高級產品專員

## Articulation 升學銜接

- 1) Qualified graduates who seek admission to **Master of Public Health (CUHK)** may be granted up to 12 units (out of 36 units) of credit exemption and achieve graduation in an accelerated time line of 1 year (Part-Time).
- 2) Qualified graduates can seek admission to local bachelor of **medicine** programmes via the **Graduate Entry Track** and achieve graduation in an accelerated time line of 4 years.

- 1) 符合資格的畢業生申請香港中文大學**公共衛生碩士課程**，最多可獲豁免12學分（總學分為36分），並縮短修業時間為1年（兼讀制）。
- 2) 符合資格的畢業生可透過**第二學位入學途徑**申請入讀**內外全科醫學士課程**，並縮短修業時間為4年。

## ADMISSION 入學資格

**Local Students (JUPAS) 本地學生（大學聯合招生辦法）**

**JUPAS Code: JS4537**



Details 詳情

Applicants taking the Hong Kong Diploma of Secondary Education (HKDSE) Examination are required to fulfill the minimum University admission requirements. 'Best 5 Subjects' will be used as the selection criteria for calculating admission scores

申請者必須於香港中學文憑考試符合大學入學的最高要求，本課程將以「最佳五科」作為遴選準則計算入學分數。

Chinese 中國語文	English 英國語文	Mathematics 數學	Citizenship and Social Development 公民與社會發展	Elective 1&2 第一及第二選修科
3	3	2	A	3

### Subject Weightings 科目比重

English and Mathematics will each carry a heavier weighting of 1.5. Also, the highest-scoring elective subject among Biology, Chemistry, Economics, or Health Management and Social Care will have a heavier weighting of 1.5.

英國語文和數學均可獲額外計分比重（1.5倍）。此外，在生物、化學、經濟或健康管理與社會關懷中，成績最佳的一科可獲額外計分比重（1.5倍）。

**Local Students (Non-JUPAS) & International Students**

本地學生（非大學聯合招生辦法）及海外學生



Local Students  
(Non-JUPAS)  
本地學生（非大學  
聯合招生辦法）



International  
Students  
海外學生





# Gaining Exposure

## while Studying 加強學習經歷



### Experiential Learning 體驗學習

#### Community-based Learning 社區服務學習

Students will have opportunities to gain valuable insights into chronic diseases and self-care management of the older generation in community settings through interactive lectures, workshops, simulations, and field experiences.

學生將有機會透過互動講座、工作坊、模擬實踐和實地體驗，獲得對於老年群體在慢性病管理及在社區中自我照顧的寶貴啟發。

#### Research Project and Practicum 專題研究及專業實踐

Students are requested to complete 100 hours of field work and a research project based on the chosen field of interest with the guidance of a supervisor.

學生須在導師督導下，為某一特定公共衛生議題進行專題研究及須完成100小時的實習工作。

#### Induction Programme 先導計劃

Students will participate in site visits that cover government sectors, private sectors and non-governmental organisations to explore the students' perspective on professional public health practices.

學生將會被安排到不同地點參觀，包括政府部門、私人機構和非政府組織，藉此令學生掌握專業公共衛生的實踐。



### Enrichment Activities 增益活動

#### Mentorship Scheme 師友計劃

Students will be invited to join the Mentorship Scheme which provides a valuable opportunity for establishing network, exposure to diverse perspectives, and career development.

學生透過參與師友計劃，獲得建立其人際網絡、擴闊視野和發展他們事業計劃的寶貴機會。

#### Peer Assisted Study Session (PASS) 友儕輔學時間

PASS is a program where students work together to consolidate understanding, reinforce key concepts and develop effective study strategies. Each session is facilitated by PASS Leaders: students who have excelled in the course in the past.

這項計劃以科目為單位，招募過往修讀過該科目而成績優異的學生成為「友儕領袖」，協助學生鞏固學習基礎及開創有效的讀書策略。



#### Student Exchange Programme 交換生計劃

Exchange opportunities are offered to our students. By participating in exchange programmes, students can experience different learning environments and cultures, and broaden their horizons.

學生參加由本課程、大學或書院舉辦的交換生計劃，藉此體驗不同的學習環境及文化，擴闊視野。

#### Overseas Field Studies Course and Study Tour 海外考察課程及交流團

Overseas field studies course and study tours will be arranged to broaden the horizons of students, and to explore regional healthcare system in the summer.

學生參加海外考察課程及交流團，藉此機會擴闊視野、學習及探討地區的醫療體系。

## Sharing from Students 同學分享



**SO Yau Cheung, Bruce**

蘇佑彰

Year 3 student (2025-26)  
三年級學生  
(2025-26年度)

My passion lies at the intersection of human health and policy. The JC School of Public Health and Primary Care has nurtured this interest through invaluable opportunities like the overseas field study in Taiwan. Visiting their advanced Epidemic Intelligence Center and holistic elderly care facilities was deeply fascinating and inspiring. Seeing how technology and compassion integrate into public health showed me how health policy can cultivate age-friendly communities and strengthen infectious disease control. These experiences broadened my perspective and solidified my desire to contribute to Hong Kong's health system through meaningful policy improvements in the future.

我一直對健康與政策相交的領域充滿熱情。而中文大學賽馬會公共衛生及基層醫療學院提供的寶貴機會，正好讓我深入探索這個方向。其中，前往台灣的海外實地考察令我獲益良多。參觀當地的疾病管制署疫情指揮中心，讓我見識到如何利用科技加強傳染病監控；探訪長期照顧機構時，則體驗到全人照護如何提升長者的生活品質。這些經歷讓我深切體會到，公共衛生政策能夠以科技與人性化的設計，打造高齡友善社會，並強化感染控制機制。這次考察拓寬了我對健康政策的想像，也讓我更明確未來職業發展的方向。



**CHEUNG Man Hin**  
張文軒

2021 Graduate  
2021年畢業生

My studies in Public Health at CUHK were a transformative journey that laid a strong foundation for my pursuit of Medicine. As valedictorian, I gained not only rigorous training in epidemiology and research methods, but also the confidence to apply knowledge in real-world contexts. During my undergraduate years, I co-founded a social enterprise promoting mindfulness, including a pioneering sign-language adaptation for the deaf community; contributed to research projects on mental health and chronic diseases, and joined exchange programmes in Taiwan and Cambridge. These experiences consolidated my aspiration to pursue Medicine and ultimately Psychiatry, integrating population health perspectives with clinical care to improve mental well-being of society. I believe the BSc in Public Health equips students with both vision and versatility that empowers them to serve communities and create meaningful impact in society.

在中大修讀公共衛生為我投身醫學奠定了基礎。課程除了提供嚴謹的流行病學及研究訓練外，亦鼓勵同學將知識應用於現實社會中。在本科期間，我曾創立社企推廣靜觀，為聾人社群設計手語靜觀課程；亦參與精神健康及慢性疾病研究，並到台灣及劍橋交流，拓闊視野。這些經歷鞏固了我修讀醫學並立志投身精神科的決心，期望把公共衛生的宏觀視野融入臨床實踐，推動社會精神健康。我深信公共衛生課程能培育學生具備服務社群、創造影響所需的視野與能力。



**Nang Sam Si PHONG**

2025 Graduate (Myanmar)  
2025年畢業生 (緬甸)

Participating in international programmes like exchange and APRU SDG for Global Citizenship (SDG4GC) was one of the best decisions I've made. During my exchange at Brown University, I explored public health in a U.S. context and broadened my horizons through joining activities and travelling. In the 2024 SDG4GC Programme, I gained hands-on experience with SDG3: Good Health and Well-being through interactive workshops, field visit in Bangkok, and co-creating a health project with a diverse team. These experiences, together with the public health programme at CUHK, shaped me academically, professionally and personally. I'm deeply grateful to my professors and advisors for their unwavering support.

參與國際交流計畫，如交換生計畫及環太平洋大學聯盟 (APRU) 全球公民永續發展目標 (SDG4GC)，是我做過最棒的決定之一。在Brown University交換期間，我探索了美國的公共衛生狀況，並通過參與各種活動和旅行拓寬了視野。在2024年SDG4GC計畫中，我通過互動工作坊、曼谷實地考察，以及與多元化的團隊共同創建健康專案，獲得了關於永續發展目標3「健康與福祉」的實踐經驗。這些經歷，加上我在香港中文大學修讀的公共衛生課程，從學術、職業和個人方面塑造了我。我衷心感謝教授和導師們一直以來給予我的堅定支持。



# Awards and Scholarships

## 獎項與獎學金

Our School and University offer a number of awards and scholarships to recognize students with outstanding performance and encourage students to participate in diverse learning activities.

Partial list of awards and scholarships offered by JCSPHPC to our undergraduate students in academic year:

### In recognition of outstanding academic or research achievement

- Janette Heung Memorial Foundation Admission Scholarship
- Janette Heung Memorial Foundation Scholarship
- Kiang Ping Fai Scholarship
- Pearl Island Lions Club Public Health Scholarship
- To Teuk Ki Public Health Research Project Outstanding Award

### To encourage overseas exchange

- South China Venture Capital Overseas Exchange Scholarship
- Pure Heart Academic Enrichment Scholarship
- Pure Heart Overseas Exchange Scholarship
- Pure Heart Study Tour Subsidy Scheme

本院及大學均設立多項獎項及獎助學金，藉以肯定表現傑出之學生及鼓勵學生投入多元化的學習。

賽馬會公共衛生及基層醫療學院向本科生提供的部分獎項與獎助學金：

### 表揚學業成績或研究成果類

- Janette Heung Memorial Foundation Admission Scholarship
- Janette Heung Memorial Foundation Scholarship
- 姜炳輝獎學金
- 明珠獅子會公共衛生獎學金
- 杜琢其公共衛生專題研究傑出表現獎

### 鼓勵海外交流類

- 中南創投基金海外交流獎學金
- 初心弘學獎學金
- 初心海外交流獎學金
- 初心遊學資助計劃

Programme Website  
課程網頁



[www.bsc.sphpc.cuhk.edu.hk](http://www.bsc.sphpc.cuhk.edu.hk)

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